

# Couples & families

Still saying «I do»

'Loving one another and building our relationship'

27th July to  
1st August 2015  
at the foot of the  
French Pyrenees



[www.fondacio.org](http://www.fondacio.org) [www.lacause.org](http://www.lacause.org)

## Session

### Loving one another and building our relationship

A holiday to...

- renew our way of being together
- focus on what is essential
- find positive ways to deal with difficulties
- relax and recharge our batteries

Matters dealt with...

- Where do we come from as a couple, and where are we heading together
- Which tools can we use in order to decode our conflicts, and find ways to resolve them ?
- How can we let ourselves be renewed by the love of God in our couple ?
- How can we work towards a respectful and fulfilling sexuality ?
- What is the right balance between making plans together and the need for personal freedom ?
- What does the Bible tell us about the male-female relationship ?

Throughout the day...

Mornings : speakers, testimonies, food for thought, dialogue as a couple, sketches, songs

Afternoons : outdoor activities, tourism, relationship workshops

Evenings : themed evenings, leisure activities, parties

and... spiritual support that is respectful of our different experiences: prayer times and collective worship

Who is it for ?

Open to all, married or unmarried couples, blended families, believers or not, full of energy or finding the relationship demanding, with the utmost respect for each person's experiences.

Family counsellors, priests and pastors make themselves available for free during the whole session, to help couples on request.

## Session for Couples (children welcome) - Garaison

Monday, July 27 - 2 PM > Saturday, August 1st - 3 PM

in Monleon Magnôac, Hautes-Pyrenees (département 65)

40 km from Tarbes, at the foot of the Pyrenees and surrounded by beautiful countryside

Couples and children from 1 to 12 (a 14-18 Fondacio camp is organized at the same time in Mourtis, a 1 hour drive away)

Price → variable, according to each couple's means: adult 305 to 430 euros, child 140 to 240 euros.

✉ Contact

Marie-Helene Paire - +44 (0) 787 3500 689 - [marie-helene@paire.me](mailto:marie-helene@paire.me)

Detailed information, on-line registration : [www.fondacio.org](http://www.fondacio.org)

# Registration form

*“Loving one another and building our relationship”*

**From Monday, July 27<sup>th</sup> to Saturday, August 1<sup>st</sup> 2015**

This session is the result of a partnership between FONDACIO and LA CAUSE. In the past several years, we have combined our expertise and our prayers in this mission for couples. FONDACIO is a Catholic organization with an ecumenical outlook, and LA CAUSE is a member of the Protestant Federation of France [www.lacause.org](http://www.lacause.org). This session is taking place in Garaison next to the Pyrenees, 15 km from Lannemezan. The venue is a modern school where several sports (rugby, tennis, skating, football, basketball, gym ...) can be played. Through its history and the beauty of the surrounding countryside, the site invites you to relax and meditate.

## Dates:

**From: Monday, July 27<sup>th</sup>.** reception from 11 am to 12 noon, the first session starts at 14.00 (2pm)

We suggest that you arrive by 11am so that you have time to settle down, discover the venue, find out all useful information for the success of your stay. If you bring your children, you can get acquainted with the people who will take care of them during the week. This is especially important for young ones.

Until: **Saturday, August 1<sup>st</sup>**, at 15.00 (3pm).

**Venue:** in the Hautes Pyrenees, Institut de Notre-Dame de Garaison, 65670 Monléon Magnoac.

## Accommodation:

We offer three options:

- **Standard:** bedrooms with 2, 3 or 4 single beds depending on the family size, with toilet and bathroom en suite.
- **Economical:** Comfortable bedrooms with 2, 3 or 4 single beds with curtain separations instead of doors. Toilet nearby.
- **Camping** with 30 places within tents. washroom nearby (150 metres).

**Sheets and pillow cases:** bed sheets are not provided and you can either rent them on the spot for 5 € per head (please specify with registration) or bring your own (beds are all single).

**Meals:** All meals are provided in the school self-service restaurant. Children under 3 have a separate lunch.

## Children

Children under 13 are accepted within available space. Games, sports and spiritual activities are proposed to children from 4 to 12. Children are taken care of daily from 9am to 12.30pm and also during some evenings. The rest of the time (meals, afternoon, free time, other evenings), they stay with their parents, under their responsibility. In the afternoon, specific workshops are proposed to couples, children or to the whole family.

We do however encourage you to entrust your children to relatives or friends, so that you are fully available for the session.

## Itinerary:

- **By road:** (distances: 40 km from Tarbes, 125km from Toulouse)  
from Toulouse or Pau, take the A64 motorway, exit Lannemezan (Exit 16). Turn left at the first two roundabouts, turn right at the third roundabout. Continue for 500 meters and turn left, direction ND Garaison.

- **By train:** Regional trains (“TER”) are available from Tarbes or Toulouse for Lannemezan, where a car may pick you up. Please indicate your train schedules in this registration form.



## Prices (2015):

Prices are all inclusive: they cover meals, accommodation, the many activities offered, insurance, preparation costs, organization, animation and care of children at the times indicated.

Our pricing policy has two aims: firstly contributions should cover all of our costs and secondly contributions should be adapted to everyone’s means, within the price range specified hereunder, by displaying solidarity.



Accommodation		Our costs for 2015	Your price range	
STANDARD	Per Adult	345€	305€	430€
	Per Child (4 to 12)	165€	140€	240€
ECONOMIQUE	Per Adult	305€	255€	385€
	Per Child (4 to 12)	145€	110€	220€
CAMPING	Per Adult	290€	250€	380€
	Per Child (4 to 12)	100€	80€	190€
Child under 4		50€	40€	80€

Provision of bed sheets and pillow case: **5€** per head

### Contributions:

It is important for us to take into account the situation and the motivation of each couple or family. We therefore encourage those who can afford it to choose the top of the price range. At the same time we would not want those who are more limited financially to be prevented from coming.

Note: If you can only afford a contribution below the low end, we invite you to express your request in writing and we will contact you.

### REGISTRATION:

On line: Please visit the site by clicking here : [www.fondacio.fr](http://www.fondacio.fr) and follow the procedure (in French only). You may choose to make a full payment with your debit/credit card or make a 30% deposit only.

By letter: to **LA CAUSE – Session Couples – 69 AVENUE Ernest Jolly - 78955 CARRIERES SS POISSY**

- Please enclose a bank cheque (euros) for your full payment or a deposit (30% of the total amount) payable to FONDACIO ACTIVITÉS,
- or make a bank transfer to:  
“FONDACIO ACTIVITES”, bank name: “CREDITCOOP VERSAILLES”  
IBAN code: FR76-4255-9000-0741-0200-0165-591  
BIC code: CCOPFRPPXXX
- **Registration Deadline: June 30<sup>TH</sup> 2015. Please Note:** The number of places is limited and registrations will be confirmed according to the order of arrival.
- The registration will be effective upon receipt of your deposit or your full payment.
- You will receive a reply confirming your registration.
- **Withdrawal.** If you wish to withdraw before June 30<sup>th</sup>, you will get a full refund. As from June 30<sup>th</sup> the 30% deposit will be retained and you will get a refund for the remaining 70%.
- **Information - Registration - Payment:** contact **LA CAUSE** by email: [couplelacaue@wanadoo.fr](mailto:couplelacaue@wanadoo.fr)  
or by phone during office hours tel. . +33 (0)1 39 70 25 01

- **General Information about the session:**

- LA CAUSE : Nicole Deheuvelds – phone : +33 (0)1 39 70 25 01 – email : [couplelacaue@wanadoo.fr](mailto:couplelacaue@wanadoo.fr)
- FONDACIO UK : Marie-Hélène Paire – phone : +44 (0) 787 3500 689 – email : [marie-helene@paire.me](mailto:marie-helene@paire.me)

### **Volunteers for Service: This session is made possible by the commitment of more than 75 volunteers.**

We are grateful to these people who have attended previous sessions and are willing to join the service.  
If you wish to apply please contact people indicated above and ask for the special registration form.

# Registration Form for GARAISSON

**Monday July 27<sup>th</sup> – Saturday, August 1<sup>st</sup>.**

**Send to: LA CAUSE, session couples, 69 avenue Ernest Jolly, 78955 CARRIERES SS POISSY**

Her		Him	
Surname		Surname	
First name		First name	
Date of birth	/ /	Date of birth	/ /
Mobile phone		Mobile phone	
email	@	email	@

**Children present at Garaison:**

Surname	First name	Date of birth	School level
		/ /	
		/ /	
		/ /	
		/ /	

Home address:.....

Means of transport:       by **train**: arrival time at Lannemezan:.....

by **car**: please indicate if you have spare seats (both legs of trip): .....

**Accommodation prices**

accommodation		Our cost	Contribution range		Your contribution	Number of people	total
<i>Standard</i>	Per Adult	345€	305€	430€			
	Per child (4-12)	165€	140€	240€			
<i>Economical</i>	Per adult	305€	255€	385€			
	Per child (4-12)	145€	110€	220€			
<i>Camping</i>	Per adult	290€	250€	380€			
	Per child (4-12)	100€	80€	190€			
Infant (0-3)		50€	40€	80€			
Bed sheets & pillow cases	Per head	5€	-	-			
<b>Total</b>							

Payment by enclosed cheque (euros) for total price or 30% deposit, order "Fondacio Activités"

Payment by debit/credit card (Visa or MasterCard) by clicking here : [www.fondacio.fr](http://www.fondacio.fr)

Payment by bank transfer.

The information requested below is valuable to us but you are free to respond fully, partially or not at all:

- Did you hear about this session through:

Personal acquaintance       Fondacio connections       La Cause connections       other .....

- Did you participate in a previous session for couples :       Yes       No,      if yes, year of last participation:.....

- Current Occupation, HER:.....HIM.....

- Religious situation HER: atheist / agnostic / questioning herself / Catholic / Protestant / Orthodox / other: .....

HIM: atheist / agnostic / questioning himself / Catholic / Protestant / Orthodox / other:.....